

Launched in September 2014, the Cancer Nursing Partnership (CNP) is a unique co-operation between 14 organisations, representing tens of thousands of nurses, which aims to support improvements in cancer care. Specifically, the CNP's goals are to:

- reach a common understanding of the priorities and interests of the participating organisations and individuals, particularly in relation to the Recovery Package;
- identify where there might be opportunities for collaboration between participating organisations to increase awareness and adoption of the Recovery Package; and
- agree on some early interventions and next steps in developing a collaborative working process, with a realistic resourcing strategy to support it.

The CNP is very happy to welcome a new member organisation, the Cancer Research UK (CRUK) Nurses



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Please note, due to the holiday period, there will no January edition of the Monthly Bulletin.



If you're involved in the implementation of the Recovery Package, please send us any examples of best practice to CNP@macmillan.org.uk

Recovery Package

Treatment summaries (part 1 of 7): a secondary care professional's perspective

At North Bristol NHS Trust, treatment summaries are used by all cancer teams and are completed using several different methods: Macmillan's Treatment Summary triplicate pack, Somerset Cancer Register's template and dictation to letters based on the national template

The treatment summaries provide a consistent message to patients from both secondary and primary care – replacing standard discharge letters and avoiding duplication of work. They also support the stratification of patients for different types of follow-up and, because GPs and patients are better informed, they allow for more timely and appropriate access to secondary care.

It is important to be clear about where in the pathway treatment summaries should occur. As part of the Trust's work

on the Recovery Package, it developed the following recommendations:

- Following completion of each primary treatment, i.e. surgery, chemotherapy and radiotherapy.
- When a patient moves to palliative treatment.
- At the time of starting best supportive care intervention.

Contribution from Catherine Neck, Macmillan Cancer Rehabilitation/ Recovery Package Project Lead for Avon and Somerset.

Holistic Needs Assessment: a new guide for professionals

After a cancer diagnosis, patients can be left with lots of questions or concerns. Whether it's about clinical care or treatment, or how other aspects of their lives might be affected, that's where a Holistic Needs Assessment (HNA) can help.

To address these concerns, and to provide you with support when delivering HNAs, Macmillan has designed a new 'How to' guide. This compact, practical guide covers

all aspects of how to conduct an HNA, from practical suggestions to advice on dealing with emotions.

Download your copy today.



Partner focus



Lymphoma Association Nurse Forum

The Lymphoma Association Nurse Forum was established in 2005 to support nurses working in haematology and lymphoma. It aims to promote, encourage and maintain best practice in lymphoma nursing and has more than 300 active members.

The key benefits of membership include:

- Regional and national networking events, with opportunities to share best practice
- A programme of regular master classes and study days
- Exclusive e-newsletters
- Alerts on new information about lymphoma
- Opportunities to get involved in lobbying and campaigning

The Lymphoma Association Nurse Forum is committed to supporting



Lymphoma Nurse Forum education day

the adoption and implementation of the Recovery Package, and the topic features strongly in its education day programme.

Forum members have been key contributors to the Lymphoma Association's 'Live your life: living with and beyond lymphoma' project,

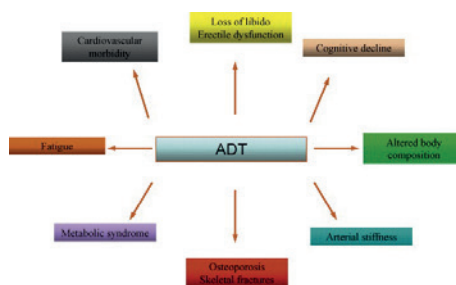
which will allow the rollout of lymphoma-specific health and wellbeing events to complement existing cancer survivorship days/courses.

February's Partner Focus will feature the National Lung Cancer Forum for Nurses

Consequences of cancer treatment: improving the experiences of men with advanced prostate cancer on androgen deprivation therapy

New therapies for advanced prostate cancer have seen men living longer with the disease. However, androgen deprivation therapy (ADT) – where surgery or medication is used to reduce testosterone levels – continues to be the main form of treatment

The side effects of ADT can be distressing and may include reduced libido and erectile dysfunction, hot flushes, gynaecomastia, fatigue, decreased mental sharpness, mood swings and depression. ADT is also associated with cardiovascular risk factors such as obesity, insulin resistance and dyslipidaemia, as well as osteoporosis.



Guy's Hospital runs interactive seminars for men on ADT, with sessions on the role of testosterone, the rationale for ADT and side effects. The focus is on sharing experiences, offering advice and helping patients to adapt to change – [click here](#) for more information.

To date, around 225 men and 50 friends/partners have attended the

seminars. The majority found the sessions useful and said that they would recommend it to others. In the meantime, the service continues to develop and is offered to all men on ADT.

Louisa Fleure, Urology Lead, CNS Guy's and St Thomas' NHS Trust, London

[To see our full list of upcoming events, click here](#)

Did you find the Monthly Bulletin helpful? Please email any comments and suggestions to CNP@macmillan.org.uk