

Launched in September 2014, the Cancer Nursing Partnership (CNP) is a unique co-operation between 16 organisations, representing tens of thousands of nurses, which aims to support improvements in cancer care – in particular, to raise awareness and adoption of the Recovery Package.



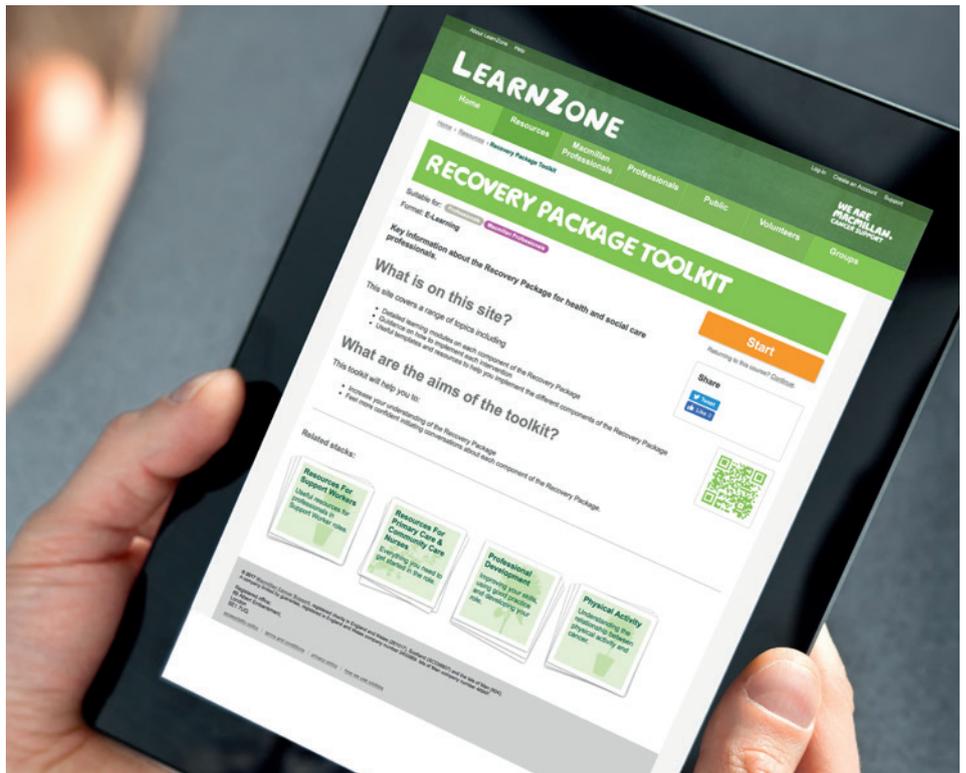
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If you're involved in the implementation of the Recovery Package, please send us any examples of best practice to [CNP@macmillan.org.uk](mailto:CNP@macmillan.org.uk)

## Recovery Package

# New Recovery Package toolkit



The NHS England Five Year Forward View states that, by 2020, all people with cancer will have access to the Recovery Package. Alongside NHS England, Macmillan will be supporting the rollout across England. As this is a priority for Macmillan, a toolkit has been developed to help you to learn more about the Recovery Package.

The toolkit features detailed modules on each of the interventions, which are:

- Holistic Needs Assessment Care and Support Planning
- Health and Wellbeing Events
- Treatment Summaries
- Cancer Care Reviews

Each module explains the benefits and potential challenges of implementation in a healthcare setting, as well as tips on how to go about this. You will also have access to our resources for organisations that are implementing the interventions, including videos and presentations.

Anyone can enrol and use the **toolkit**. We encourage you to use it and tell other healthcare professionals about it too.

For more information, email [recoverypackage@macmillan.org.uk](mailto:recoverypackage@macmillan.org.uk)

Macmillan Treatment & Recovery Team

## Partner focus



**Cancer nursing varies across Europe, but it also shares many challenges, values and ambitions. Although the European Oncology Nursing Society (EONS) is not a member of the CNP, it's an organisation that many CNP members are aware of and take an interest in.**

EONS is a registered charity with the goal of advancing the practice and scope of cancer nursing across Europe. It comprises 32 national cancer nursing societies, plus individual members and sponsors. The society was established at the Royal Marsden Hospital in 1984, and is now based in Brussels.

As a founding member of the European Cancer Organisation, EONS promotes the voice of cancer nursing and the philosophy of multi-disciplinarity, and works alongside other societies who represent patient groups as well as specialties such as surgical oncology, pharmacy and

radiotherapy. It also offers awards to support nursing research and hosts workshops to help nurses interested in developing research proposals.

Professor Daniel Kelly has served as a member of the EONS Board since 2007, and has been its President since 2015. During his time with EONS, Professor Kelly has seen many successes, including promoting nursing leadership, championing the needs of adolescent and young adult patients and supporting the training and development of nurses.

EONS' current flagship project is Recognising European Cancer Nursing. Under the leadership of Professor Kelly, it is being carried out in three phases. Phase one involved gathering evidence of the impact of cancer nursing interventions via a systematic literature review, while phase two profiles the role of cancer nurses in four different countries (Netherlands, Germany, Estonia and the UK). A third phase will aim to implement change based on

priorities identified in phases one and two, to ensure that the potential of cancer nursing is better recognised across Europe. The hope is that it will eventually lead to a consensus on education and career structures. A representative from Macmillan was involved in phase one, and publications have already started to appear from this work.

The next major EONS event, **Every Cancer Nurse is a Leader**, will take place on 19–20 November in the Netherlands. This workshop is being organised jointly with the Oncology Nursing Society from the United States.

**For more information on EONS, visit [www.cancernurse.eu](http://www.cancernurse.eu)**

**Daniel Kelly, President, EONS**

**There will be no Partner Focus in December's issue, instead we will feature 2 Recovery Package articles.**

## Consequences of cancer treatment: urinary incontinence

**Many types of cancer and their treatments can cause or exacerbate urinary incontinence. It is more likely to occur in someone with cancer affecting the pelvic organs (urological, gynaecological or colorectal), but can also be associated with cancers of the brain and spinal cord (due to bladder denervation) or lung and oesophageal cancer (due to a cough exacerbating stress incontinence).**

Surgery and radiotherapy to the pelvic organs can cause urinary incontinence, as can chemotherapy and hormone treatment. It may be a result of nerve or muscle damage, irritation, bladder inflammation, vomiting causing muscle strain or lowered oestrogen levels.

There are several types of urinary incontinence:

- Stress incontinence: leakage associated with increased strain on

the bladder (for example, when coughing, laughing or exercising).

- Urge incontinence: leakage associated with a strong urge to pass urine.
- Overflow incontinence: when the bladder cannot empty completely due to obstruction, muscle or nerve damage.
- Mixed incontinence: multiple types of incontinence experienced simultaneously.

A basic assessment of symptoms should include a urine analysis, completion of a frequency volume chart (**Bladder Diary**), a symptom questionnaire and a post void bladder scan.

Fortunately, most cases of urinary incontinence can be vastly improved or cured with treatment. There are also many treatment options available, including lifestyle management, bladder retraining, physiotherapy, medication, surgery, intravesical treatments, medical

devices and implants. The right treatment for a particular person will vary depending on the cause and type of their incontinence. Some people may receive two or more types of treatment concurrently.

Contact your urology nurse specialist or continence advisor for more information.

**Fiona Sexton**

**Immediate Past President  
British Association of Urology  
Nurses (BAUN)**

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and suggestions to  
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upcoming events, click here**